



CONNECTIONS
The Jewish Marriage Institute

Refresh Your Marriage Teleconference
Course Overview
(Including: topics covered, peer feedback, endorsements & instructor bios)

REFRESH YOUR *Marriage*



*Powerful Ideas & Practical Tools
for a Great Marriage*

with relationship experts
Rabbi Yitzchak Lurie (for men) Reb. Julie Lurie (for women)

This course is for everyone –
whether you've been married for 6 months, 5 years, or 35 years!

3-Part Intro Series
now only \$35!

10% discount for couples who register together!

Begins November 17/18

Listen to a free sample online and

RESERVE YOUR SPOT NOW!

www.connectionsmarriageinstitute.org

Most men & women listen each week to the recording on their own schedules & send emails with questions. Each class is made available for one week of call-in listening.

ENDORSED BY:
Rabbi Gedaliah Dov Schwartz shlit" a Rabbi Shmuel Fuerst shlit" a
Rosh Beth Din of Chicago Rabbinical Council Dayan of Agudath Yisrael of Illinois

Questions? Email Refresh@ConnectionsMarriageInstitute.org

For those interested in listening live:
*Men: Tues. evenings,
10:00-11:00 PM EST, beg. November 17*
*Women: Wed. evenings,
10:30-11:30 PM EST, beg. November 18*



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Want More?
Refresh Your Marriage - Part II -
a 7-week continuation - available to anyone
who completes the 3-part Intro Series.
only \$100



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The Jewish Marriage Institute

Refresh Your Marriage – The Men’s Course

*Powerful Ideas and Practical Tools for a Great Marriage
with relationship expert – Rabbi Yitzchak Lurie*

THE INTRO SERIES

Class #1:

The Foundation (and tip!) of the Iceberg

Marital Intimacy

Class #2:

The Ideal Wife

False Comparisons and Understanding Your Own Wife

Class #3:

Emotional Oxygen

Empathy – the key ingredient to emotional intimacy and connection

THE CONTINUATION - PART II

Class #4:

Introduction to a Woman’s World (and it’s not the same planet us guys are on!)

Communication Differences – what we need to know and how to adjust

Class #5:

I Keep Trying To Make My Wife Happy, But It’s Not Working

An Analysis of True Giving

Class #6:

Remembering to Notice

Appreciation – how to do it and what holds us back

Class #7:

The Middle of the Iceberg – connecting while separate

Purpose of the Nidah Stage

Classes #8 and #9:

The Foundation (and tip!) of the Iceberg – revisited

Marital Intimacy

Class #10:

Laws of Intimacy (and the ideas behind them)

Source material culled from Chumash, Gemara, Rishonim, and Acharonim (such as the Maharal, Rav Dessler, Reb Volbe, Reb Isaac Sher, and the Alter of Slobodka).

With secular insights from John Gottman, Stephen Covey, Deborah Tannen, Harville Hendrix, John Gray, and more.

NEXT COURSE BEGINS NOV 17/18

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Refresh Your Marriage – The Women’s Course

*Powerful Ideas and Practical Tools for a Great Marriage
with relationship expert – Rebbetzin Julie Lurie*

THE INTRO SERIES

Class #1:

Getting to Know Your Husband’s Inner World

A new perspective on giving

Class #2:

Turning Disappointment into Inner Peace

Comparisons and expectations

Class #3:

Bringing Back the Admiration You Once Had

How respect builds or breaks a marriage

THE CONTINUATION - PART II

Class #4:

The Art of Femininity

Learning how to receive and be vulnerable

Class #5:

Holding Your Husband’s Neshama in the Palm of Your Hand

The power of a woman’s influence

Class #6:

Stepping into a New Pair of Shoes

Empathy – the key to connection

Class #7:

Putting On a New Pair of Glasses

Appreciation – how to see what’s already there

Class #8:

Expressing Your Desires So They’re Heard

Learning how to communicate effectively and eliminate criticism

Class #9:

Marital Intimacy – Part I

An inspiring Torah perspective

Class #10:

Marital Intimacy – Part II

What gets in the way for us women

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Powerful Feedback

“The course was replete with **practical wisdom.**”

Asaf, Israel

“**I can't recommend it highly enough.** Julie teaches with such grace and depth that the concepts come alive in a brand new and relevant way as they never have before.”

Shira, Chicago, IL

“**This course is a must-hear.** These are ideas that Jewish married men need to know and go over a million times until they are ingrained in us. Nothing is more important than Shalom Bayis, and Rabbi Lurie is giving us the tools to get there.”

Yehoshua, Washington D.C.

“I have been in kiruv for 15 years, married for 20, taken plenty of refresher courses, and **cannot believe that it has taken me this long to find this approach.** It is LIFE-ALTERING. It's just beyond **incredible, inspiring, reassuring, heartwarming, and so REAL...** truly required listening.”

Ruchi, Cleveland, OH

“[Rabbi Lurie's] lectures are **carefully prepared, sources are always cited,** and the management of the program is highly professional.”

Zalman, Silver Spring, MD

“I can't tell you how much I'm gaining from the hashkafah. **I love it!**”

Rochel, NY

“Rabbi Yitzchak Lurie's classes are what I have been waiting to hear for so long.

I recommend them to all Jewish men in the world.”

Michoel, Monsey, NY

“I just wanted to thank you for a fabulous course! You were **clear, thorough, patient and so comfortable with the material.** It was a beautiful balance of mussar and halacha, hashkafa and know-how.”

Esther, Highland Park, NJ

“You truly have a **tremendous koach and a gift of sharing wisdom and repairing lives in one of the most crucial areas of conflict out there.** A big yasher koach!”

Shlomo, Atlanta, GA

“It was **very eye opening.** I was really amazed to see how many foundational principles [of Shalom Bayis] are rooted in Torah, Gemara, Rishonim and onwards.”

Ephraim, Silver Spring, MD

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Who's behind this?

Rabbi Shmuel Fuerst, shlit"א, Dayan of Agudath Yisrael of Illinois

Rabbi Gedalia Dov Schwartz, shlit"א, Rosh Beth Din of Chicago Rabbinical Council

Presenters: ***Rabbi Yitzchak and Julie Lurie***

Dynamic teachers, deep thinkers, and compassionate counselors – Rabbi Yitzchak and Julie Lurie present a unique and powerful approach to relationship education and coaching. Their sought-after style synthesizes a deep understanding of the Torah's insights into relationships and marriage, along with secular wisdom culled from their training with John Gottman, Laura Doyle, the Relationship Coaching Institute, and the Prepare/Enrich Relationship Assessments. Both Rabbi Lurie and Julie also received training from Rabbi Beryl Gershenfeld and Rabbi Yosef Brown – two experts in the theory and practice of relationship dynamics from a Torah perspective; and Julie additionally trained with Rebbetzin Yonina Gruner.

In addition to their labor of love of helping marriages flourish, Rabbi Lurie and Julie are beloved and highly respected Torah teachers to men and women across the globe. Rabbi Lurie spent 9 years learning hashkafa and machshava under Rabbi Beryl Gershenfeld, a talmid muvhak of Reb Moshe Shapiro shlit"א. He has developed a broad and deep understanding of Jewish philosophy and theology and is known for his inspiring shiurim on these topics. He received smicha (rabbinical ordination) in 2006 from Rabbi Moshe Halberstam z"l, following time spent learning at Yeshivas Ateres Yisrael (R. Baruch Moredchai Ezrachi, Rosh Yeshiva) and the Mir Yeshiva. He holds a Bachelor of Science in Education degree from the University of Illinois and received his Professional Educator License from the State of Illinois. Rabbi Lurie has previously served as Rabbi and outreach educator for Meor at Brown University and Northwestern University where he taught courses on Jewish Philosophy, Business and Medical Ethics, Relationships, Chumash, and Gemara.

In 2003, Julie completed Moreshet, an advanced Jewish outreach and leadership training course. She simultaneously majored in education and subsequently taught Chumash, hashkafa, and middos at numerous post high school seminaries (Beer Miriam, Meor HaTorah, Afikei Torah, Micklelet Esther, Machon Gold). She has also served as a Jewish outreach educator for Meor at Brown University and Northwestern University. Her classes are always known to be practical, down-to-earth, and inspiring.

Rabbi Lurie and Julie are both popular chassan and kallah teachers, keynote speakers, and mentors to men and women of all ages. In 2012, they launched their acclaimed *Refresh Your Marriage* international teleconference series, followed by their 2014 launch of *Connections* – a Chicago-based nonprofit organization focused on relationship education and coaching for Jewish singles and couples during all life stages.

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